

# Our Lady's Catholic High School



Newsletter No. 34  
19th June 2026



## Do Not Be Afraid

*'So do not be afraid; you are worth more than many sparrows.'*  
**(Matthew 10:31)**

In a world filled with uncertainty, Jesus offers a message of reassurance: Do not be afraid. God knows us, cares for us, and values us beyond measure. Whatever challenges we face, we can trust that we are never alone. May we place our fears in God's hands and walk each day with faith, courage, and peace.

**Dear Lord**

**Help us to trust in your loving care  
and to face each day without fear,  
knowing that you are always with us.  
Amen**



## BOOO Virtues

Congratulations go to:

**Year 7:** Charlie Richmond - discerning and wise  
Aniela Czerzak - compassionate and loving

**Year 8:** Eden Palmer - active and compassionate

**Year 9:** Filip Czerzak - attentive and discerning

**Year 10:** Ruby Wlazlo, Mollie O'Grady - intentional and prophetic



*Being One of Ours*

# ENGLISH

## Poetry Slam

On behalf of the English department, we wish to congratulate all those who performed in the Poetry Slam this year. It has been an outstanding event with emotion, movement, and displays of hard work and camaraderie. It was amazing to see the pupils' God-given gifts on display, but sadly, as in competition spirit, only one can win.

Year 7's competition was fierce and varied. The Year had amazing vocal presentations, using their voices to fill the Arts Theatre and present amazing, unique ideas. *My Shein Order* took the top spot, convincing an audience to just shop with Temu instead. But for a first try, the decision to make a podium was arduous and difficult; the judges really needed thinking time for it!

With Year 8, they had the benefit of last year to provide inspiration and try again. Once again though, the competition was well-matched and the tension was palpable, until Trimandeep S, penultimate in the order, provided a rap filled with raw lyricism, perfect cadence, and a clear message rooted in identity. It moved some of our audience and judges to tears and warranted an ovation of nearly two minutes! When Trimandeep won, he used the opportunity to promote his new upcoming album. Genius!

We roll onto next year where the competition will heat up again! Thanks again to all who helped and participated.

“

Guest Judge  
DOM CONLON

As a poet I know poetry can change lives, how it's a way to understand and use our voices in powerful ways. So it was a complete delight to have the students of Our Lady's show me. Again and again across Years 7 and 8, their rehearsals, their choices, and their performances taught me more than I could hope to teach them because everything is underpinned by support and respect for one another. Not a day has gone by since I helped judge their work, and ran the workshop, when I haven't thought about this. Thank you to all involved - the students, their peers, the teachers, and the environment where they are clearly thriving.

*Dom Conlon*



*Being One of Ours*

## Entries & Winners

### YEAR 7

Jonathan B, Jerisha J, Ali A - **Choose Joy**

Aggie H, Anand K - **Halloween Sweets!**

Hope W, Ava R, Pola D - **Mental Health Matters**

Gerard G, Oliver G, Connor F-L, Junior M - **Le Bron James 'King of the Game'**

Albert M, Ethan B, Owen B - **The Day My Homework Ran Away** **2ND**

Lucy C, Shanvi R, Maja G, Jessie B - **My Shein Order** **WINNER**

Belle M, Kennedy M, Oliver J, and Daisy M - **Tongue Twisters** **3RD**

### YEAR 8

Reaghan C, Ernie P, Ethan R - **Football Poem**

Joel J, Lucas S, Seb S, Ollie T, Harrison W - **It's Coming Home!**

Esa A, Max O, Liam A, Myles M, Elliot R - **Un-happy Gilmore** **3RD**

PJ D, Marli S - **War Poem** **2ND**

Sam D, Jonah M and Co. - **Donald Trump**

Cai D, Archie G, Conor J, Freddie P, James S - **The Ks**

Trimandeep S - **Lionsound** **WINNER**

## SPELLING BEE



Our annual Year 7 Spelling Bee Final returned this year and proved to be a fantastic event enjoyed by pupils and staff alike. Following the first round in English lessons, class winners progressed to the final where they took on a new set of challenging spellings.

With dramatic lighting, music and plenty of audience participation, the atmosphere was brilliant throughout. The audience were incredibly supportive, cheering on every competitor and helping to make the event such a success.

Congratulations to all of our finalists and especially to our winners: Amira (7B1), who took first place, Lucy (7B2), who came second, and joint third place winners Ameya (7B2) and Fady (7C2).

Well done to everyone involved for making the event such a memorable occasion. We are already looking forward to next year's competition.



Following England's success on Wednesday night, the restaurant staff laid on a treat on Thursday morning for the pupils who had been up late supporting the football team.

With a variety of foods from around the world (American waffles, Brazilian Smoothies, French Pain Au Chocolat, Greek Honey & Yoghurt, and good old British Bangers) all served totally free, the pupils tucked into a hearty breakfast whilst watching the highlights of the three lions fabulous start in the World Cup.

This will be repeated next week after the Ghana match, so let's all hope for the same result! Huge thanks to all of our restaurant staff for putting on such a magnificent spread - it was thoroughly appreciated by all.



## Design & Technology

On Monday 15th June, a group of Year 10 pupils from Graphics, Textiles and Art classes visited Newman College to experience a range of workshops in badge making, textiles techniques and printmaking. They also received a guided tour of the impressive end of year show from Year 13 pupils.





At our school, we celebrate diversity, inclusion and respect throughout the year as part of our commitment to creating a welcoming community where everyone feels valued. Over the next two weeks, we will be placing an additional focus on these important themes through a range of curriculum and enrichment activities designed to deepen students' understanding and appreciation of different cultures, experiences and perspectives.

This year's focus links particularly to the British Values of Individual Liberty, Mutual Respect and Tolerance of Those with Different Faiths and Beliefs. Students have already taken part in information assemblies this week, and further activities across a range of subjects and extra-curricular opportunities will continue over the coming fortnight..



As part of these celebrations, we will also be marking Refugee Week. We are pleased to be hosting the **Escape to Safety** installation, provided by Global Link, which offers a powerful and thought-provoking insight into the experiences of refugees and asylum seekers.

Students in Key Stage 4 will have the opportunity to visit the exhibition during the school day.

## Escape to Safety Installation – Open to the Public



We are delighted to invite families and members of the wider community to visit the Escape to Safety installation, which will be open to the public from 4.00pm–5.30pm on Monday 22 June and Wednesday 24 June.

No booking is required, and the exhibition takes approximately 15 minutes to walk around. The installation provides a unique opportunity to gain a greater understanding of the journeys and challenges faced by refugees and asylum seekers, and we warmly encourage all who are interested to attend. Please sign in at reception.

Further information about the exhibition can be found here:

**CLICK HERE**



# Information

## Allergy Awareness

Learning how we can help  
and stay safe together.

> LEARN MORE



**NUT ALLERGY AWARENESS**  
**PEANUT ALLERGY**

Think. Check. Respect. ❤️  
It could save a life.

Peanut allergy is a serious, potentially life-threatening allergic reaction. Even a tiny amount can cause a severe reaction called anaphylaxis.

**DID YOU KNOW?**

- Peanut allergy affects about 1 in 50 children and many adults.
- It is one of the leading causes of severe allergic reactions.
- Anaphylaxis can cause difficulty breathing, swelling, drop in blood pressure, and even death.

**There is currently no cure.**

**HOW YOU CAN HELP**

- **CHECK**  
Read labels carefully. Peanuts can be in many foods.
- **ASK**  
When in doubt, ask if a food contains peanuts.
- **RESPECT**  
Avoid bringing peanut products to school, events, and shared spaces.
- **BE KIND**  
Include everyone. A small choice can make a big difference.

**SIGNS OF A SEVERE ALLERGIC REACTION**

- Swelling of lips, face, or tongue
- Trouble breathing
- Hives or rash
- Nausea, vomiting
- Dizziness or fainting

➤ If someone has these symptoms, **ACT FAST!**  
Use epinephrine (EpiPen) if available and **CALL 999**.

Together, we can create safe, inclusive environments for those living with **nut allergies**.  
Thank you! ❤️

**AWARENESS • COMPASSION • ACTION**  
Because allergies are real. And awareness saves lives.

**PEANUTS ARE NOT SAFE FOR EVERYONE**

## Our Lady & Saint Edward's Primary School



**SUMMER FESTIVAL**  
Celebrating OLSE's 60<sup>th</sup> Anniversary  
1966 - 2026

**Saturday 27<sup>th</sup> June** 1:00pm - 4:00pm

**£2 ENTRANCE TICKET** Pre-School Children **FREE**

**BUY YOUR TICKETS NOW!**

**INCLUDED WITH YOUR ENTRY TICKET**

- Your £2 entrance ticket includes these amazing experiences:
- Live Music Performances
- Bubble Show
- Creepy Crawly Roadshow
- Birthday Mystery Hunt
- PNE Duck Appearance

**ADDITIONAL ACTIVITIES & TREATS**

- Balloon Modelling
- Face Painting
- Temporary Tattoos
- Crazy Hair Station
- Traditional Games
- Ice Cream
- Candy Floss
- Popcorn
- Licensed Bar

**GRAND RAFFLE**  
AMAZING PRIZES TO BE WON!  
RAFFLE TICKETS SOLD SEPARATELY

**DELICIOUS FOOD VENDORS**

- Brooks Gelato
- WINGS & THINGS EVENTS
- DESI FULFARDI CUISINE

**FESTIVAL VIBES!**  
Bring your own picnic blankets and chairs and enjoy an afternoon of family fun.

**SUMMER FESTIVAL TICKET REQUEST**

Name: \_\_\_\_\_  
School Year: \_\_\_\_\_

Number of Tickets Required: \_\_\_\_\_  
Total Amount Enclosed: £ \_\_\_\_\_

★ Cheques payable to OLSE PTA ★ Please return to school office.



**GREAT BRITISH SUMMER Savings**

**SAVE!**

**MORE INFO**

## Summer Savings Cost of Living Help

*Being One of Ours*

## USEFUL RESOURCES

**Staying Safe Online -  
June 2026 Bulletin**



**Community Support  
Information**



## WE ARE HIRING

Our Lady's  
Catholic High School

## Lay Chaplain

APPLY NOW



## 2026 Diary Dates

**Tuesday 23 June**

Year 11 Prefects' Ball

**Thursday 25 June**

Year 6 Parents' Information Meeting

**29 June to 1 July**

'Grease' - School Show

**Thursday 2 July**

Year 8 and Year 9 not in school (Year 6 Induction Day)

**Friday 3 July**

Sports day

## SCHOOL TIMES

|                                        |            |
|----------------------------------------|------------|
| Arrive at school / Go to waiting areas | 8.40- 8.45 |
| Pupils go to Form rooms / Locker time  | 8.45- 8.55 |
| Form Time                              | 8.55-9.15  |
| School finishes                        | 3pm        |

**Except Tuesdays (ONLY)**

Pupils finish at 2.30pm



## ROUNDERS

### Year 7, 8 and 9

#### Rounders Success Away at Longridge

Despite having no home advantage, our Year 7, 8 and 9 rounders teams produced a fantastic clean sweep away at Longridge, showcasing skill, determination and excellent teamwork throughout the afternoon.

The **Year 7** team, captained by Emily S, put in a superb performance to secure a hard-fought 9–7.5 victory. In a closely contested match, the team showed great resilience and composure to come out on top.

**Year 8**, led by captain Eden P, delivered a dominant display, winning convincingly 15.5–5.5. Their batting was powerful, their fielding sharp, and they controlled the game from start to finish in an outstanding team performance.

The most dramatic match of the day came from the **Year 9** team. Captained by Umika P, they were involved in a thrilling encounter that went right down to the wire.

Keeping their nerve under pressure, they edged out Longridge by just half a rounder, securing a narrow but well-deserved 6–5.5 victory. Their composure and determination in such a close contest were exceptional.

Congratulations to all three teams on an impressive clean sweep away from home and for representing the school with such pride and enthusiasm.

#### Year 9

Huge well done to the **Year 9** girls rounders team who finished a wonderful third overall on Wednesday's tournament. The girls beat Archbishop, St Cecilia's and Corpus Christi to go through to the semi-final but were then beaten 5-3 by a strong Longridge team. The girls then played off for third position and beat Broughton 3 rounders to 1.



**PRESTON**  
COLLEGE

## VOCATIONAL courses

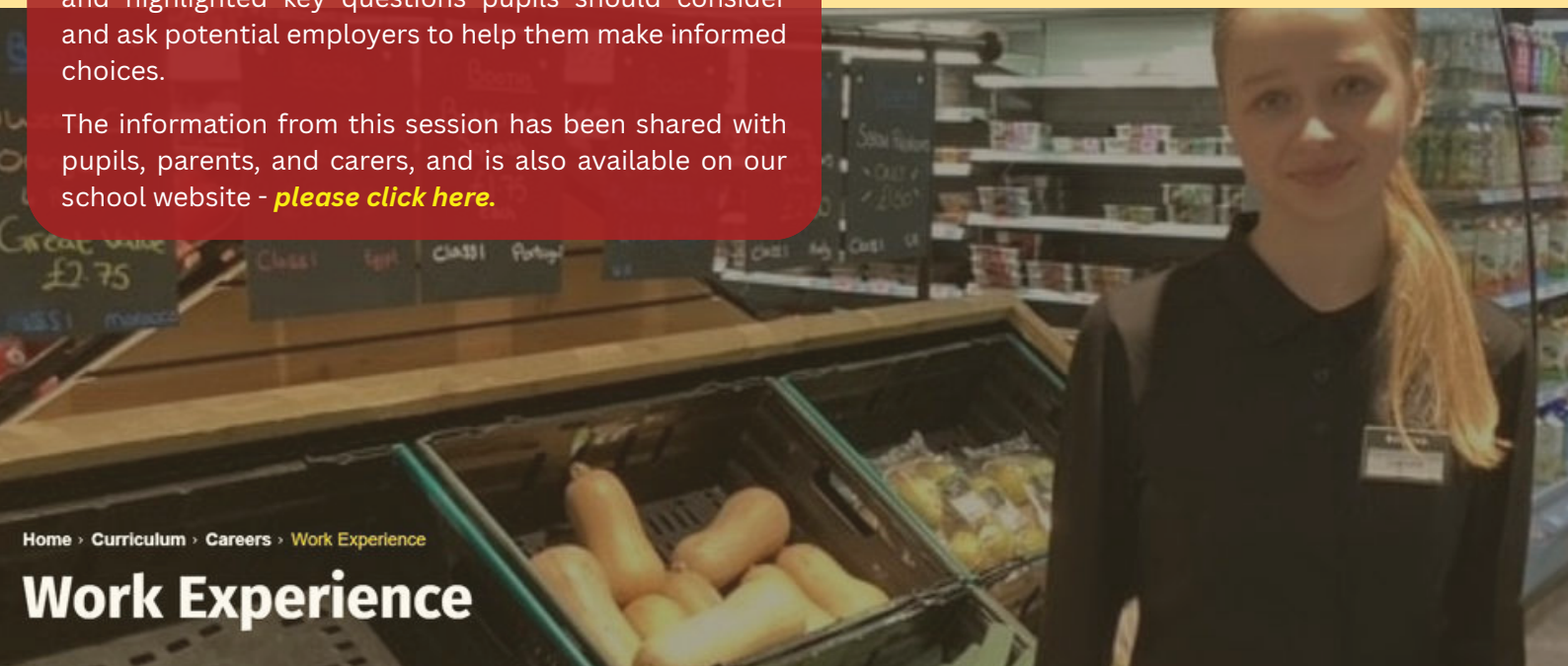


This week our Year 9 pupils who have selected vocational courses at Preston College got a taster of what it will be like next year for them. We had a total of fifteen pupils studying Automotive studies and Hair & Beauty and they will go on to study these Level 1 courses for the next two years. They all thoroughly enjoyed themselves and we hope that this will spur them on to gain apprenticeships or jobs in these industries.

On Tuesday, Mrs Lin and Miss Bradford were delighted to launch our Work Experience programme with Year 9 pupils. Tracy from the Education Business Partnership North West, who works closely with the school, delivered an informative session to help pupils understand the importance of work experience. She outlined what they can expect in the lead-up to and during their placements, and highlighted key questions pupils should consider and ask potential employers to help them make informed choices.

The information from this session has been shared with pupils, parents, and carers, and is also available on our school website - [please click here](#).

## WORK EXPERIENCE



[Home](#) > [Curriculum](#) > [Careers](#) > [Work Experience](#)

## Work Experience

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