



Our Lady's Catholic High School



A National Teaching School

Friday, 4 February 2022

The theme for next week is Follow Me. (Luke 5: 1 – 11).

They left everything and followed him.

Simon Peter, the first to be called by Jesus, realises that this carpenter from Nazareth is the Messiah. The one whom he has been waiting for all his life. In choosing to follow Christ, he acknowledges his own sin. He knows that he is by no means chosen because he has never made any mistakes! Jesus chooses him because he wants to walk beside ordinary people. He chooses Peter regardless of any sin. Peter accepts that he is forgiven and moves forward on a new and exciting adventure with Jesus Christ. God does not define you by your sin. He wants you to follow him by acknowledging your mistakes and accepting forgiveness. Keep going forward and let Jesus walk with you on your amazing journey.

**Walk with me, oh my Lord,
Through the darkest night and brightest day.
Be at my side, oh Lord,
Hold my hand and guide me on my way.
Amen**

NETBALL NEWS

The Year 7 and 8 netball teams were away against Longridge on Monday, 31 January. Longridge are strong opponents, and these matches were no different. Year 7A once again got off to a flying start and had established a good lead by half-time. Evie Mitchell and Emma Finnigan got free from their players in the circle to create shooting opportunities. Charlotte Potts and Orla Chew worked the ball effectively down court by dodging well to get free from their opponents. Zofia Mohammadi, Macy Wilson and Meera Patel were consistently strong in defence to make it difficult for Longridge to get the ball into their shooters. The team's determination and skill allowed them to increase their lead in the second half to win 8-3. Another great performance resulting in them remaining undefeated in the league. Keep up the hard work girls. Player of the match went to Evie Mitchell.

Year 7B had a slightly tougher game. It was end to end in a thrilling, very even sided match. The girls held their nerve well throughout and made it difficult for Longridge to establish a lead. However, Longridge were slightly more tenacious, chasing down the ball more effectively and taking more chances when shooting. Consequently, they won by just one goal, with the final score being 5-4. Our Lady's should be very proud however, as they never gave up and fought hard right to the final whistle. Player of the match went to Libby Pearson. As centre, she remained consistent in both attack and defence always ensuring she was available to be passed to.

Year 8 had two matches as Longridge had both an A and B team. Their first opponents were Longridge A who were very athletic, fast team. Our Lady's were a little bit slow off the mark, allowing Longridge to establish an early two goal lead. The score was 4-2 at half-time, so still all to play for. Lydia Tucker and Lexie Eastham held their nerve and shot well. Charlotte Finnigan, Chi Chi Ojumobi and Emily Brown kept working hard to intercept the ball and create space to get the ball down court. Jess Moorcroft and Isabelle Potts had a tough game in defence as the Longridge attack were relentless. In the end Longridge were just too strong as we found it challenging to keep up with the fast pace. The final score was 10-6. However, the match was really good experience, and the girls learned a lot from it.

The team were on court again straight away as they now faced Longridge B team. The dusted themselves off well following their first tough game defeat. The girls show exceptional levels of fitness and determination, to not let their skill or motivation levels wane. Miss Lewis is very proud to say they won 10-0 with Lydia Tucker being awarded player of the match.

BRITISH BIATHLON CHAMPIONSHIPS

Congratulations to 5 Our Lady's pupils who have qualified for the British Biathlon Championships. This is an event that should have taken place during 2021 but was pushed back at the time due to COVID restrictions but will now take place in February this year. This national competition draws in a very high standard of competition and therefore we are extremely proud to have 5 of our pupils make it through qualifying and into the national championships. The pupils are Will Murray and Emil Dawkins from Year 10, Lucy Beesley and Lucy Mulholland from Year 9 and Finley Murray in Year 8. An extra congratulations goes to Will, Emil, Finley and Lucy Beesley who have also qualified for the British Schools Biathlon competition which takes place in March this year and these pupils will be representing the school and wearing our fantastic new biathlon team vests.

FOOTBAL NEWS – U16 GIRLS

On Tuesday, 1 February the U16 Girls Football team travelled to Leyland to face Bishop Rawstorne in the quarter finals of the Lancashire Cup. Bishop Rawstorne knocked us out last time we faced them, so the girls were really up for a strong team. The first half was end to end, unfortunately it ended in 0-0 at half time. Chloe Evans had a couple of great chances, but the ball just didn't go over the goal line. We decided to change our formation to give us a little more strength up front and headed out for the second half. The change seemed to really help with much action in the attacking box. Alicia Scott found the back of the net taking the score to 1-0. We held on tight and managed to hold on to 1-0 win. Player of the Match went to Alicia Scott. We now march on into the Semi Finals.

SCIENCE IN THE NEWS

If you can tell your science teacher the answers to the questions you can earn a point.

Biologists studying wild hippos have recorded the sounds that they make in order to understand better how they communicate.

Question 1: What have scientists concluded about the "wheeze honk" sounds that hippos make?

<https://www.bbc.co.uk/news/science-environment-60115512>

Podcast

Sometimes time passes slowly and at other times it seems to go very quickly. Have you ever wondered how animals perceive time? Listen to the podcast to find the answer to the following question.

Question 2: What is the term for the rate at which a light is flashing on and off and you cannot see that it is doing that?

<https://www.bbc.co.uk/sounds/play/w3csy6bn>

Video

Pompeii was destroyed by an eruption of Mount Vesuvius in the 1st century and archaeologists have collected thousands of fragments of broken frescos.

Question 3: What are scientists creating to analyse and eventually piece together these frescos?

https://www.bbc.co.uk/news/technology-59416292?ns_mchannel=social&ns_source=twitter&ns_campaign=bbc_live&ns_linkname=59416292%26Pompeii%20fresco%20puzzle%20to%20get%20help%20from%20robots%262021-11-25T10%3A29%3A13.000Z&ns_fee=0&pinned_post_locator=urn:bbc:cps:curie:asset:69aa8a19-4877-46de-a502-a2ed15c9558e&pinned_post_asset_id=59416292&pinned_post_type=share

Home Research

You probably already know that mercury (Hg) is the only metal that is liquid at room temperature. There is one other (non-metallic) element that is a liquid at room temperature. Find out which it is and then answer the question.

Question 4: What colour liquid is the mystery element and in which group of the periodic table is it found?



Our Lady's Catholic High School



A National Teaching School

Friday, 4 February 2022

Dates to remember

Thursday, 10 February – Year 8 Parents' Evening

Friday, 11 February – School closes for half-term

Tuesday, 22 February – School opens

Thursday, 24 February – Year 9 Parents' Evening

Thursday, 24 March – Year 7 Parents' Evening

Thursday, 28 April – Year 7 Normandy Trip

Monday, 2 May – School closed for May Day

Friday, 27 May – School closes for half-term

Monday, 6 June – School opens