



# Our Lady's Catholic High School



A National Teaching School

Friday, 18 June 2021

## The theme for next week is: **Do Not Be Afraid (Mark 4: 35 – 41)**

God is our refuge and strength, an ever-present help in trouble. Therefore, we will not fear...  
(Psalm 46: 1-2)

The Disciples are at sea in a storm. They are afraid and feel powerless and threatened by something out of their control. We know what that feels like! We might wonder, in all the chaos of our own world, has God fallen asleep? Be assured, God is with us, but this does not stop us from feeling fear and anxiety. To journey with Jesus, we journey through the storm, not around it. We need our faith as a reassurance that no storm is too great. That this will finally be calmed by the peace of God's presence.

**Dear Lord**

**You remind us that You are always with us.**

**You're the only place we find refuge in the storms that surround us right now, Lord. You're the only place we can find peace and strength.**

**Thank you that You know all our worries and concerns.**

**Amen**

## **MONDAY, 5 JULY – YEAR 8 AND 9 PUPILS**

Following the recent government update regarding Covid restrictions and due to the increase in numbers of positive cases in Preston, the Year 6 Induction Day on Monday, 5 July has been cancelled. Newsletter 31 informed parents that pupils in Years 8 and 9 would remain home on that day. This is no longer the case, and all pupils should be present in school on that day.

## **SHELF HELP**

The Reading Agency has kindly donated a number of inspiring and informative 'Shelf Help' books to our school library: a selection designed to help pupils deal with difficult situations or emotions including self-esteem issues, depression, and stress. Pupils will be welcome to borrow them from next week and, if they wish, share their views on the books on [bit.ly/Reading Well21](http://bit.ly/ReadingWell21).

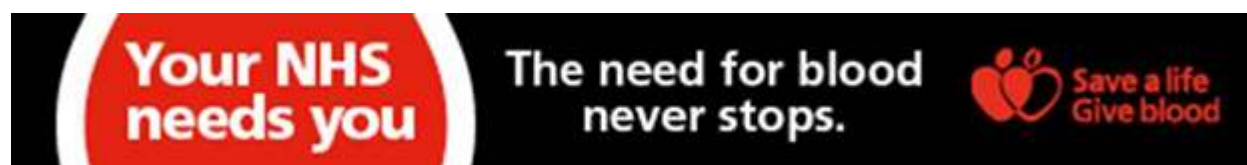
## **MESSAGE FROM THE BLOOD TRANSFUSION SERVICE**

We have been asked to share the following information:

NHSBT is working closely with the rest of the NHS to keep supplying lifesaving blood to hospitals during the coronavirus pandemic and need people to keep donating as normal. Extra safety measures are in place and every precaution is being taken to eliminate the risk of covid-19 transmission at blood donation sessions. Having an appointment to give blood is classed as essential travel and will be exempt from any local or national travel restrictions.

There is an upcoming blood donation session at GHS Cultural Centre, Preston on Wednesday, 30 June, with lots of available appointments. We would be grateful if you could help us spread the word.

For more information, please contact [www.blood.co.uk](http://www.blood.co.uk)



### **SCARED PEPPER**

All particles stick to each other to a certain degree. This is called adhesion and creates surface tension. Find out what happens when you disrupt the surface tension in this week's practical.

### **SCIENCE IN THE NEWS**

This week the 1,000th captive-bred hazel dormouse has been released into the wild in a UK-wide reintroduction scheme for these threatened mammals. Ecology is an important part of biology, especially in our ever-changing world.

<https://www.bbc.co.uk/news/science-environment-57499125>

Astronomers say they've put to bed the mystery of why one of the most familiar stars in the night sky suddenly dimmed just over a year ago. Betelgeuse is one of the most famous stars in the constellation in Orion.

<https://www.bbc.co.uk/news/science-environment-57501416>

### **VACANCIES**

We currently have two vacancies:

- Senior IT Technician, full-time, permanent, 37 hours per week
- Business Support Officer - Reprographics, term-time only 17.5 hours per week 9.00 am until 12.30 pm Monday to Friday

The closing date for both vacancies is Monday, 5 July at 12 noon. All details are available on the school Vacancies page of the school website along with the application forms.

### **COVID SYMPTOMS**

Some families may not be aware that the symptoms currently being displayed by pupils who have tested positive for Covid 19 are slightly different than previously. These are: a sore throat, headache, and achy muscles. A cough, high temperature and loss of smell/taste appears less common with this current variant.

#### **Dates to remember**

Thursday, 8 July – Sports Day

Friday, 16 July – School closes for summer at 12.45 pm

Thursday, 2 September – Year 7 and 11 pupils return to school

Friday, 3 September – all pupils return to school

Friday, 8 October – INSET day

Friday, 22 October – School closes for half-term