

## Physical Education and Careers

As well as understanding how essential our subject is in maintaining an active and healthy lifestyle, we want our pupils to know the depth of career pathways that are available through studying Physical Education and offer guidance on pathways. We feel that our subject has a unique quality, building character and forging resilient learners enabling them to succeed in any career. Nevertheless, studying Physical Education enables pupils to develop physical, social and emotional skills enabling them to flourish in numerous career pathways. We have tailored our curriculum to celebrate and expose our learners to the vast career opportunities our subject provides.

### Examples of Curriculum Links to Futures

	Curriculum Theme/Topic	How Do You Link This Theme/Topic to Careers?	What Careers Related Extra-Curricular Opportunities Are Offered?	What Employer/Employee Encounters Are Offered?
<b>Year 7</b>	<b>Dance</b>	-Dancer  -Choreographer	-Dance practices  -Dance Diva whole-school production	
	<b>Football</b>	-Physiotherapist  (link throughout the unit during the warm-up/cool-down)	Extra-curricular football sessions are offered where pupils are expected to know the names and location of muscle groups as would a physiotherapist.	

	<b>Football</b> (all practical topics)	-Kit manager (football clubs) - organisational and time management skills		
<b>Year 8</b>	<b>Trampolining (girls)</b> <b>Rugby (boys)</b>	-Coach -Coach / conditioning		
	<b>Badminton</b>	-Sports technician		
	<b>HRF</b>	-The fitness requirements to be a firefighter or police officer		
<b>Year 9</b>	<b>HRF</b>	-The fitness requirements to be in the armed forces		
	<b>Netball / Basketball</b>	-Data analyst		

	<b>Athletics – maximizing performance</b>	-Coach -Sports psychologist (goal setting)		
<b>Year 10</b>	<b>GCSE PE –</b> (AEP) Creating a personal exercise programme.	-Personal trainer -Sports coach		
	<b>GCSE PE –</b> Fitness testing	-The fitness requirements to be an elite athlete		
<b>Year 10 and Year 11 (core)</b>	<b>Athletics -</b> Maximising performance	-Physical Education teacher -Elite athlete		
<b>Year 11</b>	<b>GCSE PE -</b> <i>Mental preparation</i>	-Sports psychologist		

	<b>GCSE PE -</b> <i>Goal setting</i>	-Coach -Elite performer		
	<b>GCSE PE -</b> <i>Diet and nutrition</i>	-The knowledge and information required to be a Nutritionist		