



FUTURE FOCUS

YOUR JOURNEY STARTS HERE



Welcome to the very first edition of Future Focus, our brand new careers newsletter.

Over the last 18 months our school has made enormous strides forward with regard to both the quantity and quality of careers guidance, advice and information that our pupils experience.

Our programme is guided by the eight Gatsby Foundation benchmarks and the firm belief that every young person needs high-quality career guidance to make informed decisions about their future. Our aim is that our careers programme is both meaningful and individualised. We start bringing careers into the curriculum in Year 7, and as pupils move through the school, the programme adapts to become more personalised using information given to us by the students regarding their interests and aspirations.

The world of work is constantly changing—now more than ever; many of the jobs that will be available to our pupils when they leave school, college or university do not yet exist. Here at OLCHS, we aim to broaden pupils' horizons with valuable employer encounters, quality work experience, close contacts with local colleges and training centres and independent personal guidance from a qualified, independent careers adviser. We want to open your child's eyes to the huge possibilities that lie before them when they leave Our Lady's.

The uncertainty that Covid-19 has brought into so many aspects of our lives has had an enormous impact on everyone at school, both staff and pupils, but as with our subject curriculum, we aim to continue to support pupils as they look to the future.

Careers advice is still available remotely, and we are now on Twitter – follow us on @CareersOLCHS for information and resources that can be accessed from home. There is also a page of useful resources at the back of this newsletter.

If you need any further advice, information or guidance, please do get in touch.

Mr Nelson, Assistant Headteacher and Careers Lead

SPRING TERM ROUND-UP

CAREERS CAFE



The Careers Café is a new venture which launched in December. This offers our Year 10 and Year 11 pupils the opportunity to meet informally with employers from the professions they are interested in pursuing as a future career. These individualised and personalised encounters run every Monday and Thursday from 8.45 – 9.15am throughout the year.

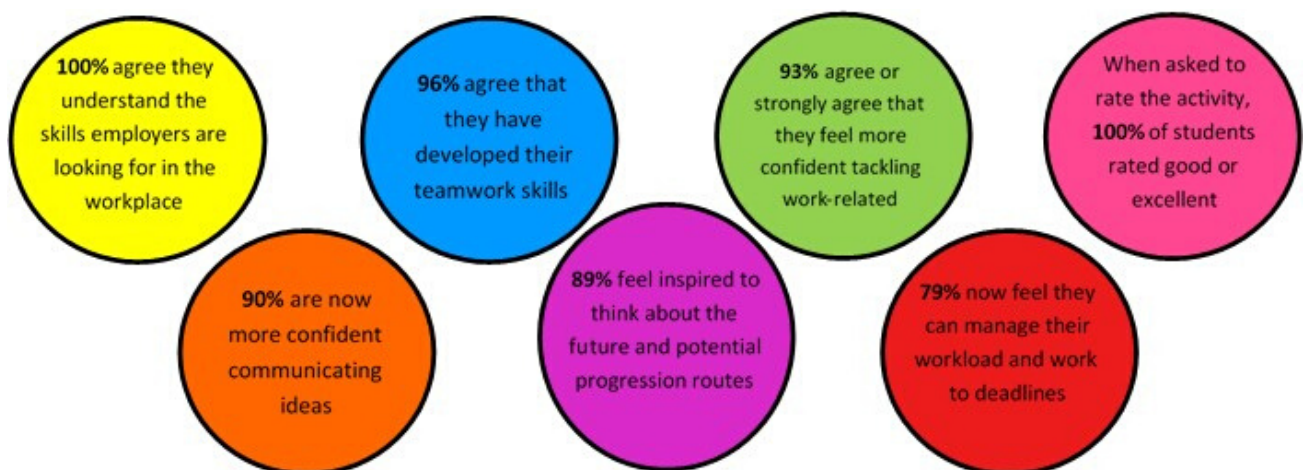
Since we started, pupils have spoken to two solicitors, a lecturer in Marketing and Public Relations, staff from BAE Systems and a lecturer in Fine Art at UCLAN. We have more sessions planned which will be starting when we are back in school

If you are interested in offering your invaluable support to this programme, please contact Miss Bown on cbo@olchs.lancs.sch.uk

YEAR 7 ENTERPRISE CHALLENGE

All Year 7 pupils took part in the school heat of the National Enterprise Challenge. They worked in groups of six and were given the task of developing a creative way of using empty gas canisters in an environmentally friendly way. The teams also had to give thought about how to promote and finance their idea. The day finished with a number of selected teams presenting their ideas to a panel of judges who then selected a winning team. The winning team, 'River Saver' should have gone on to represent OLCHS in the national finals in Birmingham in July, but we are currently not aware whether this will go ahead later in the year.

The Inspirational Learning Group collated feedback from our pupils at the end of the day which can be seen below:



CAN YOU HELP?

We are always looking for innovative ways to improve our careers provision. If you have any feedback, can offer your expertise or know someone who could be of assistance, please contact: olchscareers@olchs.lancs.sch.uk or call Charlotte Bown on 01772 326900

<https://www.olchs.lancs.sch.uk/school/information/careers/>



MOCK INTERVIEWS

On Tuesday 14th January our school hosted its second annual mock interview evening for Year 11 pupils. Thirty-two employers from across Lancashire bestowed us with their vast interviewing knowledge to ensure that our pupils were given a realistic and valuable experience. Our pupils prepared by reviewing current labour market information, career pathways and job specifications before deciding upon a job to be interviewed for. They also completed a personal CV that was given to their interviewer ahead of the interview. As the interview day drew closer, the pupils benefited from a session led by the 'Department for Work and Pensions' on how to give the best possible account of themselves in an interview situation, covering preparation, body language and essential tips on making the right impression. The verbal and written feedback received by our pupils is likely to help them reflect on the encounter and better prepare them for their next interview situation.

CAREERS FAIR

On Wednesday 6th February we held our ever growing 5th annual Careers Fair in the Arts Theatre for all of our Year 10 and some Year 11 pupils, to assist them in making informed decisions about their future in further education, training or employment.

The event featured 30 stalls representing a wide variety of employers and further education providers. Amongst them was ex-head boy Stephen Bryan, who now works in Accountancy. Pupils had an hour to move around and speak to the visitors, with a pro-forma to complete that encouraged meaningful conversations about the skills, qualities and pathways required to be successful in a particular field. The pupils left the event with a plethora of further reading materials and a greater insight into their future career paths.



YEAR 10 WORK EXPERIENCE

From 10th–14th February, all Year 10 pupils undertook a week of Work Experience with local companies. The pupils sought out and applied for placements themselves and had to undertake an interview, just as they would in a real-life situation.

Once on placement they were treated as genuine employees and expected to adhere to the rules and standards of their workplace.

This gave our students a fantastic insight into the labour market and how to develop their employability skills. They returned to school after half term refreshed and with new-found skills.

LABOUR MARKET INFORMATION

Everything you need to know about the jobs market in Preston, Chorley and South Ribble

LMI is information about what is happening locally with jobs, skills and business it tends to focus on:

- Which sectors are growing and declining
- What types and levels of jobs are increasing and decreasing
- What supply of labour is available - number, skills and qualification level
- Salaries, employment type and business size

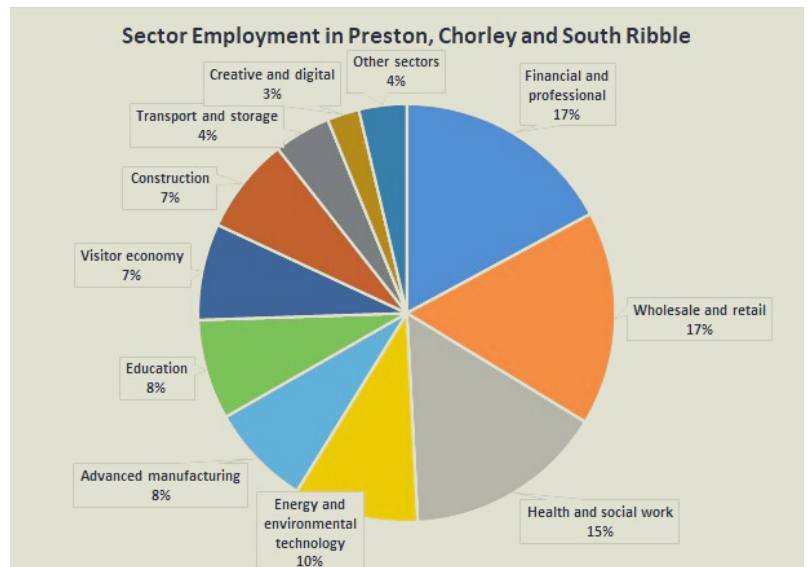
WHAT IS LMI - LABOUR MARKET INFORMATION?



HOW DOES THIS AFFECT ME?

Knowing about local opportunities can help you think about career decisions. Accurate and up to date information (see the pie chart) can help you make informed decisions about

- 14 to 19 choices
- Work experience placements
- Education and training routes
- Future career choices



A CHANGING LANDSCAPE



The Careers landscape is constantly changing with the advance of technology. The IT and Creative sectors are growing fast, and many people are in jobs today that did not exist ten years ago. We are moving towards a more skilled workforce. Robotics and automation are carrying out more jobs than ever before and this trend is set to continue.

It is predicted that more jobs in the future will require high skill levels because of the increased use of technology, more demands of higher qualifications for higher level jobs. Employers may need employees with a wide range of skills rather than having a focus on a single skills area.

OUR CAREERS PROGRAMME 2019/20

	Our Lady's Catholic High School Careers Provision 2019/20											
	Autumn Term				Spring Term				Summer Term			
Year 7	STEM Roadshow (BAE)				Y7 Careers Day (with employer encounter)				STEM Club			
	PSHE Form Activities				STEM Club				Subject Skills Based Career lessons			
	STEM Club				Careers Form Activity Week							
	Careers Form Activity Week				Enterprise Chocotastic Challenge							
Year 8	PSHE Form Activities				Y8 Careers Day (with employer encounter)				Subject Skills Based Career lessons			
	BBC Careers Roadshow				Careers Form Activity Week							
	Careers Form Activity Week				STEM Energy Quest (Tomorrow's Engineers)							
					Enterprise Entrepreneur Challenge							
Year 9	STEM Roadshow BAE				STEM Day Medical Careers				Careers Drop In			
	Careers Form Activity Week				Y9 Options Day (with employer encounter)				Subject Skills Based Career lessons			
	BBC Careers Roadshow				KS4 Information Evening				STEM Science Live			
	Careers Drop In				Careers Drop In							
					Careers Form Activity Week							
					College Taster Sessions							
					Young Enterprise Competition							
Year 10	Angel's Restaurant Visit				Y10 Careers Day (with employer encounter)				Cardinal Newman College Taster Day			
	Speed Networking				Work Experience Preparation Assembly and Form Task				Preston's College Taster Day			
	Careers Form Activity Week				Work Experience (1 week)				Myerscough College Taster Day			
	BBC Careers Roadshow				Work Experience Evaluation Form Tasks				Subject Skills Based Career lessons			
	Worldskills Live UK (Birmingham)				Careers Fair				Apprenticeship Assembly (ASK)			
	My Career Tracker and Website Masterclass				Apprenticeship and Careers Expo (Lancs)							
					What Career Live (Liverpool)							
					Careers Form Activity Week							
Year 11	CNC/PC Information Assemblies				Interview Preparation Assembly							
	National Apprenticeship Show (Bolton)				Mock Interviews							
	Preston's College Information Assembly				Apprenticeship and Careers Expo (Lancs)							
	CNC/PC Drop Ins (Lunchtime)				Careers Fair							
	CNC/PC Application Assistance Form Sessions				What Career Live (Liverpool)							
	Worldskills Live UK (Birmingham)				Careers Interviews							
	Careers Interviews				Careers Form Activity Week							
	Careers Form Activity Week				ASK Project							

HOW ARE WE DOING?

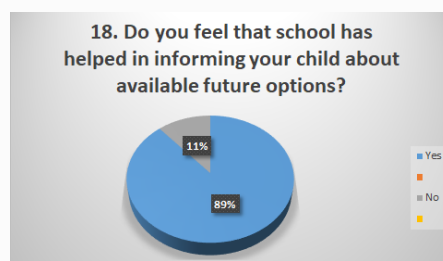
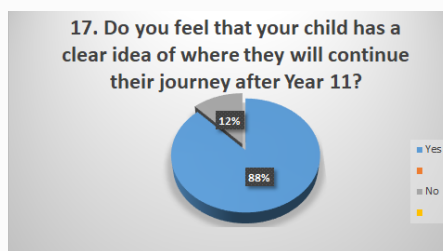
YEAR 10 AND YEAR 11 PARENTAL SURVEY RESULTS

We are continuously measuring and assessing the impact of our careers programme on our pupils. We have many ways of doing this, including using our pupils destinations data and gaining feedback from students, parents, staff, employers and partners.

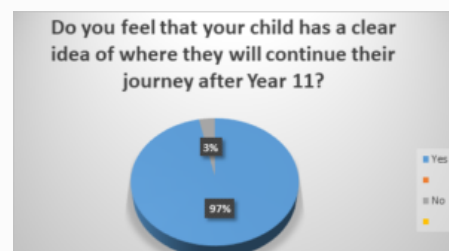
Here we bring you the results of our Year 10 and Year 11 parental survey from earlier in the academic year.

We are delighted that you are right behind us and believe that we are doing are very best to support and advise your child when making decisions about their future.

YEAR 10



YEAR 11



WANT TO KNOW MORE?

Take a look at the selection of websites below that will hopefully inspire and guide you as you think about your future.

A great starting point for all careers information is the National Careers Service website:

<https://nationalcareers.service.gov.uk/>

Feeling inspired by the amazing work being done by the NHS at the moment? Take a look at this A-Z of NHS careers:

<https://www.stepintohenhs.nhs.uk/careers>

Here, you can watch short films about different careers:

<https://www.careersbox.co.uk/>

The Prospects website has easy to navigate information about all different job sectors:

<https://www.prospects.ac.uk/jobs-and-work-experience/job-sectors>

Need to know how to get into the job of your dreams? Take a look here:

<https://successatschool.org/advice/how-to-become>

If you don't know what career path you might want to choose, have a look here:

<https://successatschool.org/advisedetails/576/What-job-should-I-do%3F>

Feel inspired by watching free online talks from experts in all walks of life here:

<https://www.springpod.co.uk/learn-lounge/> or here:

<https://www.speakersforschools.org/inspiration/vtalks/>

Find a free online course in almost anything here:

<https://www.mooc.org/>

Take a look at this online skills careers booklet:

https://www.youthemployment.org.uk/dev/wp-content/themes/yeuk/files/Editable_Skills_Careers_Booklet.pdf



<https://www.olchs.lancs.sch.uk/school/information/careers/>



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