



Our Lady's Catholic High School

A National Teaching School



Friday, 28 June 2019

Our prayer theme next week: Saint Peter and Saint Paul

This week our theme is Saints Peter and Paul. Saint Peter was one of Jesus' first disciples and became the first Pope. Saint Paul began life persecuting Christians but had a conversion after encountering Jesus.

Prayer: Lord, thank you for giving us examples like Saint Peter and Saint Paul. Help us to be more courageous with our faith and take away any fear we may have with showing our belief in You.

Amen.

YEAR 6 TRANSITION DAY – MONDAY, 1 JULY 2019

Our next year's Year 7 pupils will be joining us for a day in school on Monday, 1 July 2019. As is our practice, **Year 8 and 9** pupils are to remain home on that day. This will enable us to release teachers to work with the Year 6 pupils

ENRICHMENT DAY 3

Year 7 followed the theme of British Values. Over the course of the day, students learned what British Values are through a series of workshops. In addition to this, they had sessions run by the Fire Service on arson and water safety, the Ambulance Service on appropriate use of 999 and what to do in an emergency. Students enjoyed a session on teamwork, respect and leadership from Militarycation UK and the History Department delivered a workshop on democracy. We hope students take away these important messages and share with family and friends.

Year 8 Social Development - pupils took part in a number of workshops throughout the day looking at various issues surrounding staying safe online which included; grooming, sexting and cyber bullying. The day started with a talk from an online safety representative from Lancashire County Council and ended with pupils watching a very moving and hard-hitting film about one family's experience of the murder of their son following grooming via online gaming.

Year 9 looked at the themes of Love and Relationships. In Art pupils looked at the qualities needed to have healthy friendships and relationships. Pupils in music wrote lyrics to a melody based on the theme of relationships. Pupils developed their team-building skills with the help of the PE department. In English pupils looked at how to rebuild lives and communities if relationships break down. Pupils also studied the psychology and science of love! In Drama pupils developed scenarios based on the unrealistic expectations that reality TV and social media have on relationships.

Year 10 Faith & Justice Day followed the theme of One Body, One Family. This was chosen as part of our diocesan celebration of the Year of the Eucharist. Year 10 pupils had the opportunity to reflect in a variety of ways upon the theme starting with a year group assembly. They took part in workshops offered by CAFOD, the Columbans, Lancashire Memories and Ark. Also, workshops were presented by school staff which included a reflective walk based on CAFOD's Share the Journey, a small group bridge building challenge and a creative task making a Eucharistic flower carpet. Many thanks to all Year 10 pupils and to our school staff who contributed to our day and especially to John Garlington from CAFOD, James Trewby from the Columbans, Jimmy O' Donnell from Lancashire Memories and Christine Seddon, Shamim and Samiya from Ark.

PRESTON CITY ATHLETICS CHAMPIONSHIPS

Over 50 pupils took part in the Preston City Athletics Championships held at UCLan Sports Arena on Tuesday, 25 July. Each one of the ten schools in Preston enters four teams: U13 Girls and U13 Boys; U15 Girls and U15 Boys. Each athlete selected is only permitted to compete in one event (track or field) plus a relay, if selected. All the scores are collated throughout the day with 1st place in any event earning 10 points for their school; 10th place earning 1 point. At the end of the competition, all schools are then ranked based on their points total. There were a number of outstanding individual performances from our students. Please see below for a brief summary from each team:

U15 Boys

James Lupton - Discus - 1st place
Tom Durney - 1500m- 1st place
Harvey Moulding-Lee - 300m- 1st place
Harvey Jolliffe - Javelin- 2nd place

U15 Girls

Emily Mayson - 800m- 1st place
Ella Newton - 1500m- 2nd place
Janna Ellbbany - Discus- 1st place
Emma Clayton - 100m- 3rd place

U13 Boys

Jacob Beardsworth - Long jump- 2nd place
Luke Courtney - Triple jump- 3rd place
Tiarnan Hayes - Hurdles - 1st place
Boys relay team - 2nd place (double points)

U13 Girls

Amelia Crossley - Long jump- 1st place
Angel Ojumobi - Discus- 1st place
Anna Thompson - 1500m- 2nd place
Girls relay team - 4th place (double points)

Final results

The U13 Girls achieved a total of 84 points finishing in 3rd position. The U15 Girls achieved a total of 78 points finishing in 5th position. The two results combined gave the OLCHS Girls a total of 162 points finishing 4th overall. The U13 Boys achieved a total of 104 points finishing in 2nd position. The U15 Girls achieved a total of 94 points finishing in 3rd position. The two results combined gave the OLCHS Boys a total of 198 points finishing 3rd overall. Consequently, OLCHS Athletics team earned a total of 360 points throughout the day finishing in 3rd place overall. A huge congratulations to all the competitors that took part. Not only did our students give their all when competing but they also cheered on their peers with pride; they were a credit to Our School.

REFUGEE WEEK

We celebrated Refugee Week at OLCHS for the fourth year with the theme “you, me and those who came before”. Refugee Week is a nationally recognised week when communities, schools and churches celebrate the contribution that refugees have brought to our country. Pupils learned and prayed about refugees globally during form time and responded to the call to support the vulnerable in our communities. Years 7 and 9 collected food and toiletries for the Red Cross and for Preston food bank and Year 8 collected donations for projects supporting refugees in the North West, with one form (8D) even completing a sponsored run. Forms in Year 10 did individual projects for example 10U raised money for a parish project to support refugees near Lancaster. We learned that our culture has been enriched by refugees, as without them we would have no fish and chips, M&S or even the Bank of England!

REFUGEE WEEK – SPONSORED RUN

On Thursday, 20 June 8D completed a sponsored fun run to raise awareness and funds for Refugee Week. Pupils completed their sponsored run around the athletics track, stopping to complete various tasks along the way to help us reflect on the plight of the refugees, and particularly the unfair nature of some of the difficulties they may face. It was a great activity, with all pupils taking part, and many funds raised. Mrs O'Beirne was hugely proud of her form.

ONLINE COUNSELLING

We have recently been made aware of an online service specifically for young people. It is called kooth.com and it is a free, safe and anonymous online support service for young people. We will be making pupils aware of this service next week during our Wellbeing week, but it is worth parents having a look at this service themselves, so they know what it is. It is endorsed by the NHS and has counselling support available until 10pm every day.

ROUNDERS RESULT



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The Years 7-10 rounders teams played their first away fixture at Archbishop Temple on Monday, 24 June in preparation for their tournaments in the next two weeks. All year groups put on a strong performance and were winning after the first innings. They continued to dominate thanks to their efficient fielding and strong batting. Final scores were as follows:

- Year 7 – 11½ to 2½; Year 8 – 6½ to 4½; Year 9 - 9½ to 3½ and Year 10 - 7 to 4½.

CRICKET NEWS

The **Year 8** Cricket team travelled to Longridge Cricket Club on Wednesday, 26 June. Our Lady's lost the toss and batted first. Opening batsmen Adam Ball and Max Smith batted superbly, each hitting 25 runs before retiring. Our Lady's finished the first innings with a total of 82. Longridge started their innings slowly and the poor run rate early on made the challenge of the chase even harder for them. Accurate and consistent bowling from Our Lady's also limited extras that the hosts initially gifted us. In the final over, Longridge trailed by 30 runs leaving a near impossible task. It was a much needed win for the team and one which they thoroughly enjoyed.

The **Year 9** cricket team collected their first win of the season in a fantastic game against Christ the King on Wednesday 26th June. It was a beautiful afternoon which meant that spirits were high. Our Lady's were made to field first and the opening bowlers of Kieran Carpenter and Elias Carter-Darwin put pressure on the batsmen from the opposition. Elias' accurate bowling made it difficult for the batters to punish any wider bowls as they were few and far between and he was rewarded with two wickets from his three overs, only conceding 2 runs in total. A mention must also go to Harry Hutchinson who, in his first game for the team, also took two wickets in his 2 overs, only conceding 1 run. This restricted the opposition to only score 42 from their innings. The opening Our Lady's batsmen again struggled to gain runs, eventually being bowled out by fantastic fast bowling from the captain of the opposition and it only took another debutant, Jeegar Udani, to settle the nerves. He saw out the three overs bowled by their talisman and then took advantage of slower bowlers to pick off the winning runs after building up a solid partnership with Harry White. Our Lady's won the game by 4 wickets having 1 over spare at the end of their innings. Congratulations to the team!

Dates to remember

Monday, 1 July – Year 6 induction day

Friday, 12 July – Rewards Trip to Blackpool Pleasure Beach

Tuesday, 16 July – Whole School Mass

Friday, 19 July – School closes for the end of term

Tuesday, 3 September – School opens for Year 7 pupils
Wednesday, 4 September – School opens for all pupils
Friday, 4 October – INSET day school closed for all pupils
Friday, 18 October – school closes for half-term
Monday, 28 October – school opens