



# Our Lady's Catholic High School



A National Teaching School

Friday, 24 November 2017

Our Prayer theme next week is **Responsibility**

We often imagine Jesus as the Shepherd, the one who watches over the sheep. It is the Shepherd's job to make sure those in His care are safe from danger, whether that be from others or from themselves. In the same way, a king is supposed to take care of his people, to make the place safe for his subjects and to bring them to the fullness of life. This week we celebrate "Christ the King" which reveals that Jesus is not just the Shepherd but He is the King of Heaven and Earth. God expects us to follow the example and instructions of His Son, Jesus. Let us be safe in the knowledge the King will look after us and keep us from all harm.



**Lord, may your Kingdom come, on earth as it is in heaven. May we see your goodness and care for us and know that we are safe from all harm with your protection over us. Amen.**

## ENRICHMENT DAY 1

Year 7's Enrichment Day introduced the pupils to the culture and traditions of Tanzania. They experienced a variety of activities including learning about the History and Geography, Tanzanian Sports and Games, they learnt a little Swahili, made Maasai shield key rings and even got to meet some of the animals native to Tanzania. With this knowledge and understanding they wrote pen-pal letters enabling them to begin their relationship with the pupils of St Peter Claver School in Tanzania.

*"Be who God created you to be and you will set the world on fire" Catherine of Siena.*

Year 8 took this quote as inspiration and sessions were based around asking the pupils to "Be the best version of you". The sessions were all practical and linked to pupils' own lives. All the year group watched a boy band in Session 1 and had a long discussion with them about how they can stay safe online and look out for others. In another session, pupils were taught CPR on dummies and how to help save a life if someone has a cardiac arrest in a real life situation. In the Drama studio, pupils were presented with moral dilemmas and some excellent lively discussions ensued. Advent calendars linked to pupils doing good deeds for others in school and at home were made and are now displayed in each form room ready for Advent. Liturgy preparation was built around using the talents God gave us to help others and beautiful coloured flames were produced with pupils thoughts and actions written on. These were then displayed in St Anthony's church where all the year group went lesson 5 for a lovely liturgy to end a great day.

Year 9 pupils were given the opportunity to explore topics connected to the theme of health and well-being. Sessions were delivered on the following areas: Drugs, Healthy Eating, Hygiene, Mental Health, Social well-being, The Media and Self-image.

Year 10 had their 'Faith in Action' Enrichment Day. The day began with looking at the parable of the sheep and the goats and understanding that we will be judged on how we have treated one another in our life on earth. Year 10 listened to a guest speaker who talked about his faith journey and how he puts his faith into action everyday; made prayer bracelets, created a campaign for an injustice they feel passionate about, peace workshop and reflected on the refugee crisis. All Year 10 were engaged and enthusiastic and got a lot out of the day.

Year 11 took part in our 'British Values' enrichment day. We were privileged to welcome Greg Dunnings from our armed services, who spoke to us about his experience in Afghanistan and how he has fought his way back from injury. He also ran our pupils through their paces using some team building skills; well done Form U who got very wet but never complained. We would also like to thank Adrian Murell from the Windrush initiative, who spoke to our pupils about his experience of race in modern Britain. Other sessions included 'what it means to be British', English justice system, Heroes and forming a parliament. The year group gathered together to complete a 'British values' quiz. The winning team was team 3 from Form O, the winning form being Form R. Congratulations to all involved.

### **TOY AND FOOD DONATIONS**

This year we are asking Year 7, 8 and 9 to bring in food donations during the first 2 weeks of December. Each form will create a hamper which will then be donated to the Foxton Centre in Preston. We are asking Year 10 and 11 pupils to bring in a NEW toy donation or money. Pupils may choose to club together to buy suitable toys for young children. These will also be distributed to the Foxton Centre for Preston families facing hardship this Christmas time.

### **SCHOLASTIC BOOK CLUB**

Our new Scholastic Book Club is up and running! Go to <http://schools.scholastic.co.uk/our-ladys-rc-pr2> to browse the latest books and order online. For every £1 you spend on this month's Book Club, our school will earn 25p in Scholastic Rewards. Please place your order online by Friday, 8 December 2017. Leaflets advertising some of the books on offer are available in the LRC.

### **YEAR 11 FOOTBALL – PRESTON LEAGUE CHAMPIONS**

The Year 11 Football team were crowned Preston League Cup champions last night after beating Ashton 4-2 in the final. It was a very wet night and as a result, the ball was running quickly along the surface. This suited OLCHS who started the game with high intensity and attacked with speed. OLCHS had the perfect start, scoring with their first shot on target. Dave Marley coolly chipped the keeper from an acute angle to make it 1-0. It wasn't long before they doubled their lead and the team were very much in control of the game. They added another to make it 3-0 but Ashton pulled a goal back just before half time making it 3-1 to OLCHS at the break. The second half was an even game though Our Lady's were still producing clear-cut chances, but they struggled to increase the lead. However, with ten minutes to play, Dave Marley slotted a perfectly weighted pass through to his strike partner, Nathan Noblet, who produced a fantastic finish, 4-1 to OLCHS. Despite Ashton pulling a goal back in the last few minutes of the game, Our Lady's had done enough to see the game to the end. It was a fantastic night all round and I couldn't be prouder of the players!

### **ART EXHIBITION**

Chris Wilson, who is a local artist and past pupil of St Cuthbert Mayne, is currently exhibiting his art work in the 'Ham n Jam' café on Lancaster Road in Preston. His work includes original pieces of art created in needlepoint, mosaic and linocut. Pupils and parents interested in art may wish to pay a visit to the café and see the original art work.

### **MPLOY YOUTH**

Are you looking for an apprenticeship on leaving school next summer? One of the actions you should take is to register on [www.mployyouth.co.uk](http://www.mployyouth.co.uk). Upload your CV and register to receive potential opportunity alerts. Or contact 01606 828382 or email [info@mployyouth.co.uk](mailto:info@mployyouth.co.uk)

#### **Dates to remember**

Tuesday, 5 December – CAFOD Advent Service, St Anthony's church at 7.00 pm

Thursday, 14 December - Christmas Lunch

Thursday, 21 December – School closes for Christmas at 12.45 pm

Monday, 8 January – School opens

Thursday, 11 January – Year 10 Parent/Carers' evening from 4.00 pm – 6.30 pm

Thursday, 25 January - Year 8 Parent/Carers' evening from 4.00 pm – 6.30 pm

Friday, 9 February – School closes for half-term

Monday, 19 February – INSET day

Tuesday, 20 February – School opens

Thursday, 1 March - Year 9 Parent/Carers' evening from 4.00 pm – 6.30 pm

Thursday, 15 March - Year 7 Parent/Carers' evening from 4.00 pm – 6.30 pm