

# Our Lady's Catholic High School

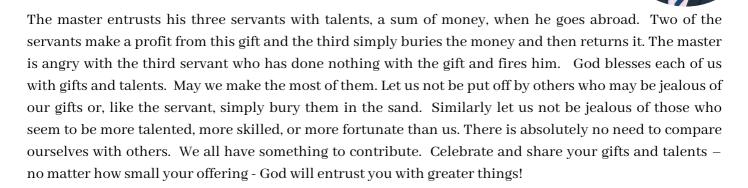


Newsletter No. 9 17th November 2023



#### Prayer Theme Next Week: Gifts from God (Matthew 25: 14-30)

You have been faithful in small things: come and join in your master's happiness.



Dear Lord

Thank you for the gifts and talents entrusted to me.

May I remain faithful to you in sharing these gifts knowing that I will experience great joy.

Amen

#### **BOOO** Virtues

Congratulations go to:

Year 7: Yusuf Dasu - grateful and generous

Year 8: Dominik Dabrowski - attentive and discerning

Year 9: Malakai Kaila - intentional and prophetic

Year 10: Jack Brindle - faith filled

Year 11: Sirona McGuire - intentional and prophetic

attentive of curious
faith-filled generous eloquent discerning
intentional compassionate

#### Year 9 Collection

During assembly last week, Mrs Crossley discussed the theme and idea of service. A small selection of pupils has therefore asked that as a year group we try to make our small corner of the world a more positive place and pupils have suggested that we participate in a collection. The Foxton Centre has asked for donations of sweet and chocolate treats and so pupils have assigned each form a challenge to bring in as many of the following as possible:



- 90 / 9L: Chocolate
- 9U / 9A: Sweets
- 9R / 9D: Crisps.





Any donations would be gratefully received. Please send what you can in with your child to be handed to the form tutor. Collections will be taken to The Foxton Centre on Friday 1st December.

#### Year 9 Art Gallery

Our Year 9 pupils have been looking at the theme of Pop Art; its context and the imagery that would be associated with this genre. In class they will be working on 3D sculptures based on food and inspired by the work of Claes Oldenburg. In preparation for this have been working on preliminary drawings of different food items. To have a look at some of the super work they have produced so far, please click on the image to the right.



#### **England Pathway Football**



Congratulations to Year 9 pupils Holly Wilson and Evie Mitchell who are through to the third and final round for the U15s England Schoolgirls (North) Squad. This is a momentous achievement and thoroughly deserved by both pupils who work exceedingly hard. We are so proud of them and wish them the very best of luck for the future.



# **Sporting News**

#### Year 11 Netball

The Year 11 netball team travelled to Ashton on Thursday for their Preston Schools netball league fixture. They dominated the play at the start. Lucy Beesley and Freya Jones used their speed well Centre court to chase down the ball, whilst Lillie Heath was integral at feeding the ball into the circle. Lucy Mulholland and Eva Nugent shot well under pressure as Ashton pulled it back to within two goals just before half time to get themselves back in the game.



After a half time team talk, we came out more positively. Katy Brown seized several opportunities to play a quick, long ball into the circle from centre court in order for us to shoot, whilst Maisie Batty remained tenacious in defence, and got several key interceptions as a result. The whole team worked really hard and consequently got a very well deserved 9-5 win over Ashton. Player of the match went to Eva Nugent who got several long-range shots in the net and worked tirelessly to get free from her opponent.

#### Years 7 and 8 Netball

The Year 7 and 8 netball squads had their much anticipated first league games of the season on Monday at home to Archbishop Temple. All four teams have been working exceptionally hard in training and they were eager to play their first opponents.

Year 7 A and B teams were up first. They were slightly nervous, and this got the better of them against two strong Archbishop teams. Consequently, we lost both matches. However, it was a good learning curve and highlighted to us the need to play at our own pace when in possession of the ball so as not to make unforced errors. Players of the match were Lois Walmsley and Ellie Jones

Year 8 A team then took to the court, dominating the game early on. We quickly established a 5-0 lead by half time thanks to some excellent shooting from Romy Lawrenson and Amy Ross. Dottie Alty and Jemma McMaster worked tirelessly centre court to win the ball, whilst Zuzanna Rapa and Francesca Johnrose got numerous interceptions in defence. Ava Moffatt created attacking opportunities by feeding the ball well into the shooters. Consequently, we built on our half time lead and won 13-1. Player of the match went to Romy Lawrenson.

The Year 8 B team game followed. Archbishop could not field a second team and so we faced their A team. However, the girls did not let this deter then and they played a very positive first half, trailing by just one goal at half time. The team continued to fight valiantly in the second half, but Archbishop's experience showed, and they began to pull away slightly. However, we fought hard to the end. The final score was 7-2 in favour of our opponents. Player of the match went to Charlotte Dudaniec on her netballing debut!

# **Sporting News**

#### Year 7 Football

The Year 7 football team began their Lancashire Cup campaign with an excellent victory in the first round, finishing top of their mini league and proceeding through to the second round. Victories over Broughton, Longridge and Archbishop Temple schools, along with a draw against Ashton CSC were more than enough to secure the top spot. They now face a trip to Rossall School in the next round. Members of the squad included Oliver Swinson, Jacob Sourbuts, William Collins, Rio Hawksworth-Faloon, Jayden Robinson-Chambers, Callum Tennant, Zac Baron, Sam Sutcliffe and Jonah Hurtault.



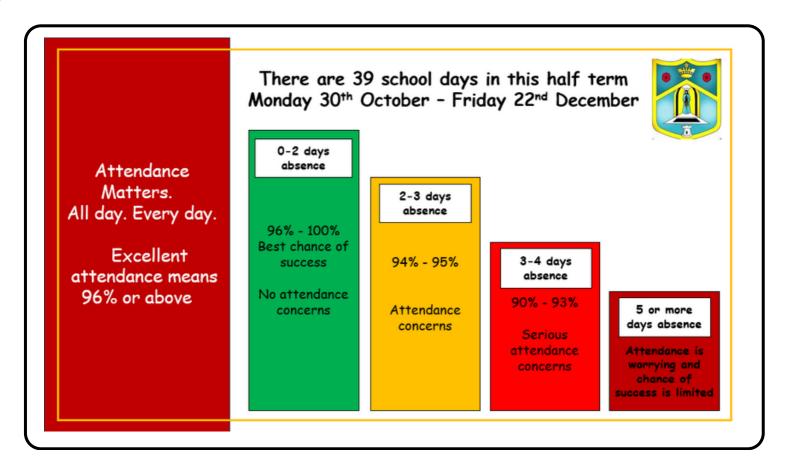
#### U15 Girls Football - English Schools Cup



Huge congratulations to the U15 girls football team who beat Montgomery High School 11-1 on Friday afternoon in Blackpool. It was a very cold afternoon on the coast and the girls took 10 or so minutes to warm up and find their flow. With Karley Roscoe on one wing and Mollie Hanley on the other, the passages of play were outstanding. Captain Heidi Clark commanded the back line, took her responsibilities very seriously, praising her team mates and offering support when needed. With such wonderful play and great defensive work the goals began to flow. Gracie Burns scored 4, Georgia Collum

2, Lexie Eastham 1, Mollie Hanley 1, Orla Chew 1 and Karley Roscoe 2. Girl of the game goes to Gracie Burns, she listened, showed grit and determination throughout, and scored some outstanding goals. We now progress into the next round.

# Information



#### Dates for your Diary

Wednesday 22 November to Friday 1 December - Year 11 GCSE Mock Examinations

Wednesday 29 November to Tuesday 5 December - Book fair in the LRC

Wednesday 6 December - Primary Advent Service at St Anthony's Church at 6.00pm Refreshments in St Anthony's school beforehand at 5.30pm

Thursday 14 December - Christmas Lunch

Thursday 21 December - School closes for Christmas break at 12.40pm

Monday 8 January - All pupils return to school



## Careers

#### Careers Cafe

Thursday 16 November saw the launch of the Our Lady's Careers Cafe, with tea and biscuits on offer too. Emma Wilson, local nurse and former Our Lady's Head Girl, spoke to six of our pupils about her career in the NHS, what she studied at college and university, and her day to day working life. Pupils were attentive and asked some very pertinent questions. The girls were so engrossed in the conversation the session over ran slightly.



Next week Wade Construction, local builders, will be leading our Careers Cafe session, giving insight to all aspects of construction work to interested Year 10/11 pupils.

The aim of our Careers Cafe is to provide pupils with expert exposure for career paths they are genuinely interested in for the future. Mrs Lin is always keen to hear from any parents who would be happy to give approximately 45 minutes of their time to share their career expertise with a small group of pupils. Currently, she is particularly looking for a representative from the health and beauty industry - nails, lashes etc. Please email ZLI@olchs.lancs.sch.uk if you think you can help.

#### Careers on PSHE Day

On Wednesday 15th November Year 11s participated in the Future Day. After talking to many Year 11s it was clear they felt they needed support with writing a CV, how to cope with the pressures of exams and where to search for an apprenticeship and how to apply.





To ensure our pupils felt fully supported, our invited speakers were:

- Parent Andy Stevens from Channel 3 Consulting covering the importance of a well-written up to date CV.
- Compass Bloom with suggestions on how to deal with exam pressure, including some very basic breathing techniques and CBT (Cognitive Behavioural Therapy).
- Ask Apprenticeships to share their wealth of knowledge on all things apprenticeships.

### Careers

#### College Open Days

Open days this weekend (18th November)









### Careers

#### Exciting Opportunity – Train to Teach in Local Schools

Recruiting now for September 2024 start

The Catholic Teaching Alliance is based at Our Lady's Catholic High School.

CATHOLIC TEACHING ALLIANCE

Minimum requirements for our teacher training courses are GCSEs in Maths and English (and Science for primary), plus an honours degree, class 2:2 or above.

Teacher training (PGCE with QTS) is available in all phases:

- Early Primary (3-7 years)
- General Primary (5-11 years)
- Secondary (11-16 years)
- Secondary with post 16 (14-19 years)

Train locally in Preston, Blackburn, Blackpool or the Fylde coast.

Please contact us for further information, or to book onto one of our online information sessions, call 01772 326931 or email <u>CTAPGCE@olchs.lancs.sch.uk</u>

Website: <a href="https://www.catholic-teaching-alliance.org/pgce-courses.html">https://www.catholic-teaching-alliance.org/pgce-courses.html</a>