

# Our Lady's Catholic High School



A National Teaching School

Friday,	17	March	2017
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Name	Form

Our Prayer theme next week is Living Water.

Water is often used in scripture to remind us of something that we can't live without. In the Gospel this week Jesus talks of "living water" and explains that this is what God offers - the water that sustains us, that helps us grow and keeps us truly alive. "If only you knew what God was offering? Whoever drinks the water that I give will never be thirsty again."

Heavenly Father, fill our hearts with Living Water and allow it to overflow with love for everyone through my thoughts, words and actions. Pour out your blessing on each of us as we receive true life through you. Amen.

# **OUTWARD BOUND TRIP**

Over the weekend 36 Year 8 students embarked on an Outward Bound adventure to Ullswater to study Geography whilst improving their teamwork and communication skills in challenging environments. After the hour and a half journey students were soon woken up with the traditional Outward Bound 'jog and dip' in Ullswater - yes it was very cold and no they didn't have wetsuits on. After the refreshing dip students worked as a team to prepare for their expedition. The students were spilt into 3 groups of 12 (Shackleton, Mallory and Francis). One group canoed down the lake, then summited Gowbarrow before wild camping in the mountains. The second group canoed across the lake, caught the steamer to Glenridding, summited Sheffield Pike and wild camped on the mountain and the third group rowed across the lake, summited Place Fell and wild camped on the mountain. The groups were treated to a fantastic sunrise on Sunday morning but for the rest of the weekend were challenged by poor visibility and rain. Despite this all teams remained in high spirits, faced their fears and showed resilience and courage. Well done Year 8s.

# **SCIENCE TRIP**

On Tuesday, 28 February, 25 Year 10 pupils studying Separate Science enjoyed a trip to Stonyhurst College to view some of the scientific and historical collections. Stonyhurst's rich collections of historical artefacts are among the most important to be found anywhere. The College dates its first acquisition to 1609, making it the oldest museum in the English speaking world. Some of the artefacts seen by the pupils included the Charles Waterton Collection of preserved animals, a 17th century Islamic manuscript for calculating Ramadan, an Islamic Celestial Sphere, 17th and 18th century maths and geography textbooks, 1930's imperial typewriter, relic (eye) of Edward Oldcorne SJ, relic of the Holy Thorn belonging to Mary Queen of Scots, prayer book belonging to Mary Queen of Scots, St Edward Campion collections including 'The Campion Rope', a 1493 original of the Nuremburg Chronicle, 'The Stonyhurst Mummy', and many more... After lunch the pupils had a guided tour of the College buildings and grounds, and then concluded their visit with a lesson in the Stonyhurst Observatory, a functioning observatory and weather station, which dates back to 1838. The pupils were tested on their knowledge of Astronomy and learned about the type of telescope and its uses in Astronomical research today.

#### **BRITISH SCIENCE WEEK - DEMO DAY**

On Wednesday, 15 March, Year 7 and Year 8 were treated to a range of exciting Science demonstrations from UCLan, as part of British Science Week. Year 8 watched a range of Physics and Chemistry demonstrations and Year 7 took part in an interactive Forensics talk, which included looking at their fingerprints! A huge thanks to UCLan for their time and effort with these activities.

#### **PUPIL SUCCESS**

Congratulations to Nathan Noblet (100) who won the 'Young Volunteer Of The Year' award for 2017. Nathan has been coaching Sir Tom Finney's football teams across a range of ages on Saturday mornings for the past two years. In addition, he has also been assisting Fulwood Under 10's. Nathan was one of three volunteers who were shortlisted to attend The Pride of Preston Sports Awards which was held on Friday, 10 March at the Guild Hall. Winning this award at this stage in his life is a fantastic achievement and it recognises the hard work and commitment that Nathan has consistently demonstrated over a two year period. He now progresses to the Lancashire Awards which are held in Blackpool, in November 2017. Everyone at OLCHS is proud of what Nathan has achieved and wishes him the best of luck for November!

#### **HOCKEY NEWS**

On Monday, 13 March Our Lady's entered four teams into the Preston Schools' U14 hockey tournament. All four teams played some fantastic hockey, working well as teams. After four group games 9A came out on top and 9B second. A fantastic final against a strong Broughton team finished 1-0 to Our Lady's, crowning them champions. 9B placed as third after their third place playoff. 8A and 8B played some superb hockey for young teams and finished 5th and 6th. A great performance by all 28 girls.

## **NETBALL NEWS**

Congratulations to the Year 9a and b and Year 10 Netball teams who all took part in the Preston Schools' Netball tournament on Thursday. The Year 9 a team only lost two closely fought matches to finish third. The Year 9b team finished fourth in their group. They played really well and were one of only a handful of schools to field a b team. The Year 10s gave a consistently solid performance throughout only losing one match to their main rivals Longridge. They battled hard and suffered a narrow defeat to finish an impressive second overall. The teams consisted of:

9a - Abbie Maguire (captain), Ellis King, Elodie Chesworth, Ellie Harding, Holly Hutton, Ariana Lowry and Charlotte Hennighan.

9b - Sophie Bennett, Erin Atkinson (captain), Annie Duffy, Amy Culshaw, Izzy Gore, Hattie Seed and Megha Biju.

10 - Amelia Eastham (captain), Hannah Brady, Caisey Shotton, Anna Smith, Katie McDougall, Mia Brown and Martha Nicholson.

## THE CATHOLIC TEACHING ALLIANCE SCHOOL DIRECT PROGRAMME

Would you, or anyone you know, like to train locally to become a primary or secondary school teacher? If you are a graduate you could train with the Catholic Teaching Alliance in schools in the Preston area. Our Lady's is the lead school for the Catholic Teaching Alliance which is a partnership between 65 Catholic schools and the University of Cumbria working together to provide first class initial teacher training within the Catholic community. PGCE and QTS are awarded upon successful completion of the course. Applications are now open, see our website for more details <a href="https://www.catholic-teaching-alliance.org">www.catholic-teaching-alliance.org</a> Mr Gormally will be in the Training Centre at Our Lady's every Monday in March from 4.00 – 5.00pm to answer your queries about the Catholic Teaching Alliance and our School Direct training programme. Please email ctaschooldirect@olchs.lancs.sch.uk or telephone 01772 326931 to book an appointment.

#### **Dates to remember**

Friday, 31 March – School closes for Easter at 12.45 pm

Tuesday, 18 April – School opens for the Summer Term

Thursday, 27 April – Year 7 Normandy Trip

Monday, 1 May – May Day, school closed

Friday, 26 May – School closes for half-term

Monday, 5 June – School opens

Thursday, 29 June - Year 6 Parents' Evening - 7.00 pm

Monday, 3 July – Year 6 Transition Day

Friday, 21 July – school closes for the end of term at 12.45 pm