

Our Lady's Catholic High School



A National Teaching School

Friday.	3	March	2017
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Our Prayer theme next week is **Temptation**.

It has only been a few days and already some of us may be struggling with our Lenten promises of praying, fasting and giving. We may have already been tempted by the very things we have given up. In this Sunday's Gospel we hear of Jesus facing temptations in the desert. It tells us that if we can overcome them, then we will be rewarded. Good luck!

God, may we grow in understanding of the riches hidden in Christ throughout this Lent. May we be given strength to complete our promises to pray, fast and give and avoid the temptations that come before us. Amen.

YOUNG HEALTHY MINDS

All teachers and support staff have recently begun a development programme with the organisation MindEd to enhance their understanding of mental health in young people. The resources provided by MindEd will be used over the next couple of years to help our staff support and understand some of the issues surrounding mental health. There is also a lot of information for families which may be helpful. For further information please see www.minded.org.uk or contact Mrs Howard in school.

U14 BASKETBALL

The U14 Basketball team recorded their first win of the season beating Corpus Christi High School 29-23 in a thrilling encounter on Thursday, 23 February. After a poor start, the team were losing 0-12 at the end of the first quarter. However, the second quarter was pivotal and they produced a dominating performance. As a result, they managed to reduce the lead to 12-16 at the half way point. The third quarter was a close affair with both teams cancelling each other out with strong defensive displays. The score was 20-20 going into the final quarter and Our Lady's managed to find the composure and quality that was needed under the basket to build a lead which eventually turned into their first win of the season. Every single player was fantastic and contributed to the win! The following Monday, 27 February, they finished their season strongly with a 36-4 win over St Cecilia's. Despite being a comfortable victory in the end, the team played their best and were professional throughout the full game. The squad has made a lot of progress in the year and I am really proud of their achievements. Well done boys!

YEAR 7 BASKETBALL

The Year 7 Basketball team have played three Basketball games this season and I have been impressed with the progress they have made in each game. The season started slowly with few players turning up for practice. However, numbers started to gradually increase and the fixtures quickly started. Their first game was against Corpus Christi High School at home. They lost 8-14. The performance was rusty and some boys found their first ever Basketball game difficult. Nevertheless, I was really impressed with the effort and commitment demonstrated by every player. Their second game was against Archbishop Temple and despite being a close game, they unfortunately lost 19-32. However, the team were taking on board feedback and learning the game which was new to most of them. They showed the ability to pass and move quickly but just lacked that bit of quality and luck needed under the basket. In their third game against Broughton, they improved again and started to gel as a team. They played some fantastic Basketball and won the game 22-10. Considering this is a new team and a new sport to most players, I have been really impressed with the progress they have made in the short space of time. Well done boys, keep up the good work!

WORLD BOOK DAY

World Book day/week was celebrated at Our Lady's with an array of activities: Pupils and staff dressed as their favourite book characters, classroom and office doors were decorated and free books issued. A story was read throughout the day - Young Samurai Way of the Warrior in Key Stage 3 and The Bodyguard in Key Stage 4. At lunchtime the pupils were treated to the staff performance of 'Winderella Saves World Book Day'. In form throughout the week pupils shared their book reviews. On Friday, 3 March Preston North End's Deepdale Duck came into school to have photographs taken with our pupils and their favourite book. On Wednesday, 8 March some of our Year 7 pupils will be watching Gangsta Granny at the Guild Hall. Finally, on Thursday, 9 March Chris Bradford, author of The Young Samurai and Bodyguard books, will be visiting our school to inspire and encourage our Year 8's and 9's.

ISLAM WORKSHOP

On Wednesday, 1 March Year 9 pupils were involved in workshops with a former Imam and community volunteer, Amjad Yoosuf from Masjid Salaam in Fulwood. This experience was organised to support their current RE study of Islam. Pupils listened carefully to Amjad's presentation on the connections between the mind and body in Muslim worship, some volunteers even had the opportunity to demonstrate Islamic prayer movements! Well done Year 9 for your excellent, engaged approach to the sessions.

TOP ONE UNIFORM SUPPLIER

One of our uniform suppliers, Top One Uniforms, has moved premises. Please note the new location of the shop:

39 St John's Shopping Centre, Preston, PR1 1FB

Tel: 01772 828616

Dates to remember

Tuesday, 7 March – Options Evening

Thursday, 16 March – Year 11 Photographs

Friday, 31 March – School closes for Easter at 12.45 pm

Tuesday, 18 April – School opens for the Summer Term

Thursday, 27 April – Year 7 Normandy Trip

Monday, 1 May – May Day, school closed

Friday, 26 May – School closes for half-term

Monday, 5 June – School opens